

From the Office of Mental Health Promotion Issue: February 21, 2012

Events

- Black History Month at the U of R
- NAMI Family to Family Education Course
- Telling Amy's Story
- Service-Learning: A Youth
 Development Strategy



• The Clark Family Scholarship



What: The University of Rochester is celebrating Black History Month with many events around campus.

More information: http://www.rochester.edu/diversity/celebrations/blackhistory/index.html

NAMI Family to Family Education Course

What: This is a free 12 week course, held once a week for family or caregivers of individuals with severe brain disorders (mental illnesses). The course is taught by trained NAMI family members. All instruction and materials are free for class participants. This course provides information, insight, empathy and empowerment.

More information: Please call (585) 423-1593 for additional information. Enrollment form is attached.

Telling Amy's Story

What: Join us for a special, free screening of *Telling Amy's Story*, the powerful documentary that tells the story of Amy Homan McGee, a mother and wife who was a victim of domestic violence

Where: The Little Theatre, 240 East Avenue, Rochester NY 14607



When: Thursday, March 8th, 2012

5:30-6:30pm - Networking and Complimentary Refreshments

6:30-8pm - Movie screening and Panel Discussion

More information: Call 777-1127. To learn more about Telling Amy's Story, visit

www.telling.psu.edu

Service-Learning: A Youth Development Strategy

What: A Professional Development Learning Seminar of the Capacity Building Partnership of the Rochester-Monroe County Youth Bureau

Where: Nazareth College, Medaille Formal Lounge (parking available in the Arts Center parking lot) 4245 East Ave, Rochester, NY 14618

When: Tuesday, March 13th 10:00-3:30 (Adults only), Wednesday, March 14th 4:30-7:30 (Adult advisors with one or two youth) Adult Participants must attend both sessions and intend to bring 1 or 2 youth to the March 14th session

More information: Questions call Marilyn at 753-6480 and to receive a registration form. Register no later than March 9th.

Tony Jordan Youth Sports Foundation Call for Award Nominations

What: Attention: Coaches, Teachers, Parents, Supporters, and Community Agencies, The Tony Jordan Youth Sports Foundation will recognize local student athletes' in grades 5 through 12 at its annual Recognition Awards Dinner to be held Thursday, March 29th, 2012, 6:30pm (more information forthcoming.) Coaches and volunteers who have demonstrated a commitment to developing youth in the City of Rochester through sports will also be recognized at the event. Youth honorees will receive an "academic success kit".

Please consider nominating someone for this prestigious award by filling out the attached nomination form and returning it to PO Box 13702, Rochester, NY 14613 or email to florence_clemmons@hotmail.com on or before Wednesday, March 14, 2012, 5:00pm. Nominees must be able to attend the Recognition Awards Dinner.

More information: Any questions, please contact Florence Clemmons, Tony Jordan Youth Sports Foundation Recognition Awards Coordinator at (585) 334-4587. Nomination form is attached.

The Clark Family Scholarship

What: The Clark Family Scholarship provides financial support for professionals working in the mental health or developmental disabilities fields within an eight-county area surrounding Rochester (Monroe, Genesee, Livingston, Ontario, Orleans, Seneca, Wayne, and Yates counties) and who wish to pursue advanced degrees (master's or doctorate) in their field. The maximum award is \$5,000 per year. Award amounts are determined through a committee review process, which takes into consideration academic

performance, cost of attendance, financial need, and access to other available grants or resources. The 2012-2013 Clark Family Scholarship applications are now available on the CCSI website at http://www.ccsi.org/clark-family-scholarship.aspx. Completed applications must be received **no later than April 13, 2012**.

More information: Any questions or need any additional information, feel free to contact Jackie Ferguson at 585.613.7620 or jferguson@ccsi.org.

Reminders

- Please consider applying your attendance for any events that might meet the
 objectives for independent study credit hours in order to complete your cultural
 competence training requirements (minimum of 3 credit hours) for the Department
 of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at <u>Psychiatry Department</u>: <u>Office of Mental Health</u> <u>Promotion</u>

For more information on events in the community check out the DBSA Website

Our mailing address is:

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