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Stepping Out Archives

January 19, 2011



STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY

From the Office of Mental Health Promotion

Issue: January 19, 2011

- WWXI Community Cinema For Once in My Life
- Black Heritage Month
- Healthy You Healthy World Winter and Spring Camps
- National Refugee Healthcare Conference

WWXI Community Cinema - For Once in My Life

What:Featured on Thursday, January 20th is the 60 minute documentary FOR ONCE IN MY LIFE. Meet the Spirit of Goodwill band – a unique assembly of singers and musicians who live with varying degrees of physical and mental disability as they bond over their mutual love of music, and their fierce drive to improve and play to ever-larger audiences. The documentary explores the struggles and triumphs, and the healing power of music, as the band members' unique talents are nurtured to challenge the world's perceptions.

Where: 280 State Street

When: Thursday, January 20th from 7:00-9:00PM

For More Information: http://interactive.wwxi.org/communitycinema

Black Heritage Month

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What: The city of Rochester's Black Heritage Committee presents Black Heritage Month.

Events:

An Evening of Art and Jazz

When: Thursday, February 3, 2011 at 5:30PM Where: City Hall Link Gallery and Atrium

Food Tasting

When: Thursday, February 10, 2011 at 5:30PM

Where: Edgerton Community Center, 41 Backus Street

Heritage Gospel Concert

When: Saturday, February 19, 2011 at 6:00PM Where: Mt. Olivet Baptist Church, 141 Adams Street

Black Heritage Story-Telling

When: Tuesday, February 22, 2011 from 1:00-2:00PM Where: Ryan Community Center, 530 Webster Avenue

9th Annual Black Heritage Gala

When: Saturday, February 26, 2011 at 6:00PM

Where: Hyatt Regency Hotel Ballroom, 125 East Main Street

Tickets: \$40/person

For More Information: Call 428-9857 or visit www.blackheritagerochester.org

Healthy You - Healthy World Winter and Spring Camps

What:Cornell Cooperative Extension of Monroe County's Healthy Monroe Learning Center presents a great day camp for kids ages 9-13 to have fun and stay healthy during school vacation!

Where: 249 Highland Ave

When: February 22, 23, 24 and April 19, 20, 21

Time: 9:00AM – 3:00PM

Fee: \$50 per day (can register for 1, 2, or all 3 days!) Lunch is included

For More Information: Call Dora Christian at 585-461-1000 ext. 257

National Refugee Healthcare Conference

What: Join us at the beautiful Hyatt Hotel in Rochester, NY for a unique learning opportunity. This 2-day conference will include sessions from keynote speakers, Dr. Francesca Gany and Dr. William Stauffer, as well as 28 seminars. Topics will include a variety of healthcare, culture, and language issues. Innovative programs

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targeting refugee health will also be presented. Register now to receive the early bird rate.

Where:125 East Main St

When: April 11 and 12, 2011

For More Information: http://www.nationalrefugeehealth2011.org/

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