

From the Office of Mental Health Promotion Issue: May 15, 2012

Events

- Grey Gardens: The Musical
- Complaints of a Dutiful Daughter
- 5th Annual Dr. Lemuel Rogers' Symposium
- Intimate Partner Violence: Innovations in the Field
- Working with Perfectionism: Effects on Counselors, Supervisors, Organizations and Patients



What: The humorous and heartbreaking story of Big Edie and Little Edie Bouvier Beale, the eccentric aunt and cousin of Jacqueline Kennedy Onassis once bright names on the social register who became East Hampton's most notorious recluses. Q&A with Blackfriars director John Haldoupis & cast.

Where: Blackfriars Theatre, 795 E. Main St.

When: Friday, May 18 at 8pm

More information: www.thereelmind.com or (585) 325-3145 ext. 100

Complaints of a Dutiful Daughter

What: With profound insight and a healthy dose of levity, this Oscar-nominated documentary chronicles the various stages of a mother's Alzheimer's Disease and the evolution of a daughter's response to the illness. Neither depressing nor medical, the film is a life-affirming exploration of family relations, aging, change and the meaning of memory and love. Discussion to follow with Dr. Anton Porsteinsson.

When: Tuesday, May 22 at 7pm

Where: Cinema Theatre, 957 Clinton Ave. Rochester

More information: www.thereelmind.com or (585) 325-3145 ext. 100

5th Annual Dr. Lemuel Rogers' Symposium

What: Focusing on aging and dementia in the African-American community. Presented by Mt. Olivet Baptist Church and the Alzheimer's Association of Rochester & the Finger Lakes.

Where: Monroe Community Hospital, Brass Chandelier Room

435 East Henrietta Road, Rochester NY 14620

When: Saturday, June 2, 2012 8am - 2pm.

More information: Free continental breakfast and light lunch served. Transportation is

available. To learn more or to register, call 800-272-3900.

Intimate Partner Violence: Innovations in the Field

What: This national two-day conference is a response to the need for greater dialogue about intimate partner violence (IPV) and will focus on what recent research has taught about intimate partner violence and the implications of these findings for perpetrators and victims of violence. Keynote Speakers are Zach Walsh, Ph.D., University of British Columbia and Caroline Easton, Ph.D., Yale University

Where: RIT Inn and Conference Center 5257 W. Henrietta Rd. Henrietta, NY 14586

When: June 20 & 21, 2012

More information: Register for this conference by going to: http://www.cvent.com/d/tcq141

The fee for the conference is \$55. Food and parking are included.

<u>Working with Perfectionism: Effects on Counselors, Supervisors, Organizations and Patients</u>

What: Continuing Professional Education. This one-day session taught by Dr. Taylor Brown explores the upsides and downsides of perfectionism, as it is found in a variety of settings. We will explore recommendations for recognizing and remediating maladaptive perfectionistic tendencies. Participants will gain insight and learn strategies for managing perfectionism in their personal and professional lives, along with strategies for helping patients manage its effects on their CD and related mental illnesses.

Where: CRCDS 1100 S. Goodman St. Rochester, NY 14620

When: June 22, 2012 8:30 - 4pm

More information: Fee: \$75 per participant. To register: email tbrown114@rochester.rr.com

For more information, call (585) 354-5149

Reminders

Please consider applying your attendance for any events that might meet the
objectives for independent study credit hours in order to complete your cultural
competence training requirements (minimum of 3 credit hours) for the Department
of Psychiatry.

 To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at <u>Psychiatry Department</u>: <u>Office of Mental Health</u> <u>Promotion</u>

For more information on events in the community check out the DBSA Website

Our mailing address is:

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