

From the Office of Mental Health Promotion Issue: November 5, 2012

Events

- Latino Cultural Symposium 2012 Research on Latino Culture
- Inclusive Possibilities Cluster
- Time Does NOT Heal all Wounds: Breaking the Cycle of Adverse Childhood Experiences
- World AIDS Day
- Bread for All Bakery



Latino Cultural Symposium 2012 Research on Latino Culture

What: Information and Research by faculty, organizations, and undergraduates at the University of Rochester

Where: Flaum Atrium, School of Medicine & Dentistry When: Wednesday, November 7, 2012 11:30am-1:30pm

More information: Free and Open to the public

Inclusive Possibilities Cluster

What: Guest speakers Diane Coleman, J.D. and Stephen Drake from Not Dead Yet will be featured. Not Dead Yet is a national, grassroots disability rights group that opposes legalization of assisted suicide and euthanasia as deadly forms of discrimination against old, ill, and disabled people. After the session, anyone interested in becoming a member can attend the first meeting of the IPC from 12–1pm.

Where: Evarts Lounge of Helen Wood Hall (School of Nursing, 255 Crittenden Blvd, validated parking is available).

When: Tuesday, November 13, 2012 10am-12pm

More information: Visit http://www.rochester.edu/ucis/inclusivepossibilities.htm RSVP to

Bernadette Jackson at Bernadette Jackson@urmc.rochester.edu or (585)276-5067.

<u>Time Does NOT Heal all Wounds: Breaking the Cycle of Adverse Childhood</u> Experiences

What: Adverse Childhood Experiences (ACES) impact not just childhood, but the physical and emotional lifetime health trajectory of its survivors. We often see the impact and are frustrated in our efforts to help. Can anything we do now alter the life course health trajectory of the children and adults who have experienced childhood trauma and bear its scars?

Where: Holiday Inn Airport Rochester, New York

When: Wednesday, November 14, 2012

More information: Visit http://www.acesconference.info/

World AIDS Day

What: It's time to let everyone know that Getting to Zero is a must. Please join us for a candlelight vigil and service to follow. Testing will be available.

Where: Candlelight vigil: Corner of Upper Falls and Hudson Avenue. Service by Rev. Dr. Frederick Johnson, at First Genesis Missionary Baptist Church, 292 Hudson Avenue

When: Saturday, December 1, 2012 5PM Candlelight Vigil. 6-8pm Service

More information: Please contact Jackie Dozier, AIDS Care at 585-210-4126 or

jdozier@acRochester.org

Bread for All Bakery

What: Bread for All is a small-scale self-help bread-baking project of St. Joe's Catholic Worker. We offer job training to members of the community who are looking for work. Trainees receive a modest (\$9 an hour) stipend and the rest of us are volunteers. We sell our bread on a subscription basis (a CSB: community-supported bakery) and give away loaves to those who cannot afford to pay.

More information: See the flyer attached or call (585) 775-9135

Reminders

- Please consider applying your attendance for any events that might meet the
 objectives for independent study credit hours in order to complete your cultural
 competence training requirements (minimum of 3 credit hours) for the Department
 of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at <u>Psychiatry Department</u>: <u>Office of Mental Health</u> <u>Promotion</u>

Our mailing address is:
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Jessica Poweski
Secretary IV
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